



May 20, 2013

Missouri Community Betterment Educational Fund Board, Inc.

Participating Community

The MCBEF Board is compiling a cookbook to celebrate our 50th Anniversary. This cookbook will include recipes from this year's participating communities and board members. It may contain additional recipes from past communities depending on how many we have submitted. Funds from the sales will be used to help with this year's celebration and sponsoring future conferences for the MCB program.

There are 7 categories; they include: Appetizers, Main Dishes, Vegetables, Soups & Salads, Desserts, Special Recipes such as diabetic, gluten free, low sodium, etc.; anything that would work for someone with a special diet; and Miscellaneous.

You may submit 4 to 5 recipes per community. How you choose the recipes is up to you. Have fun with it and make it a competition. You can hold a cook-off in your community and charge admission or some other type of contest and host a fundraiser for your organization. Recipes will be included in the book on a first come; first printed basis. In other words if we receive 3 recipes for the same thing, the first one submitted will be included. Please choose recipes that you have tried and enjoyed or ones that are family favorites.

The recipes need to be submitted no later than August 1st, 2013 and must be submitted in Microsoft Word format. You can e-mail them to the cookbook coordinator, Debbie Roach at danroach@grantcity.net or you can print them off in Microsoft Word format and mail them to Debbie Roach, 809 S. Briggs Street; Grant City, MO 64456. Please mark the envelope with recipes or cookbook so we will know that they are for the cookbook.

The instructions for compiling the recipe are enclosed. They include abbreviations for measurements and a few other tips on how to write up your recipe.

We hope you will join us in making this cookbook an enjoyable and useful project for all who purchase it. It will be available for purchase at the 2013 Missouri Community Betterment conference or you can pre-order with the enclosed order form and pick them up at the conference. You may also order extra to sell in your community and submit the cost per book to the MCBEF Board.

We look forward to receiving your recipes and to seeing you at the MCB Conference on Oct. 20th and 21st. You can visit the MCB website for more information or location and registration.

Thank you.

MCBEF Board
Debbie Roach, Cookbook Chair